

**ANNUAL REPORT**  
FY 2022-23



*Breaking Chains & Building Futures*  
EMPOWERING DOMESTIC VIOLENCE SURVIVORS





We provide solutions to empower survivors  
of domestic violence to achieve safety,  
self-sufficiency and freedom.



**Our mission at Next Door Solutions is** to end domestic violence in the moment and for all time. We work wholeheartedly to meet this mission while recognizing that empathy is the cornerstone of our efforts. It is what helps us exercise our values of oneness

and connectedness, equity and justice, survivor and community-centered, compassionate accountability and inclusion and liberation. We practice these values everyday to ensure that we are able to assist survivors of domestic violence to the best of our ability.

### ONENESS AND CONNECTEDNESS

We are all interconnected. We grow together by honoring and celebrating our diverse experiences, backgrounds, beliefs, and identities. This requires a commitment to utilize diverse communication strategies. We are survivors, informed by survivors, and center survivors. There is strength in unity, so we build bridges and collaborate with community partners to actualize the change we seek.

### COMPASSIONATE ACCOUNTABILITY

We believe that accountability is an opportunity to hold a mirror to words or actions. We are dedicated to a trauma-informed, empathetic approach to the evaluative assessment of responsibilities, agreements, and commitments. We care about survivors, our communities, and ourselves to address harm, in the moment and continuously, with understanding and empathy.

### EQUITY AND JUSTICE

We understand that gender-based violence is a tactic of oppression and we stand firmly against all forms, including sexism, heterosexism, racism, anti-Blackness, misogyny, xenophobia, ableism, ageism, and white supremacy. We advocate for individuals and for change in the systems that are complicit in the conditions of their oppression.

Equity begins by acknowledging that we have unequal starting places—therefore, we prioritize equity over equality.

### SURVIVOR & COMMUNITY-CENTERED

We center survivors as experts in their own lives, families, and communities and honor their autonomy, knowledge, and lived experiences. Violence and abuse will not end without community involvement and responsiveness to the entire family. Individuals are innately empowered to make decisions about their safety, healing, and needs. Ending violence and creating and ensuring peace, in our relationships and communities, requires an unequivocal dedication to the prevention of harm.

### INCLUSION FOR LIBERATION

We strive for inclusion that moves beyond diversity and toward eventual freedom and liberation. Inclusion is the act of creating a space where each person is authentically valued, seen, and respected. By centering historically excluded communities, unlearning our own biases, and seeking perspectives outside our own, we seek to break down learned barriers to ensure that all are incorporated.

I want to thank you all for being social justice champions and supporting our vision over the last 50+ years. We are successful because of community support. As we move into this next year, we hold the ultimate goal of liberation closest to our hearts and help survivors live their lives free of violence and full of peace.

In Solidarity, Love, and Intention,

**Colsaria Henderson**  
She/Her or They/Them  
Executive Director

# OUR PROGRAMS ACHIEVEMENTS



## 24/7 EMERGENCY HOTLINE

Often the first step victims take to get help. Trained staff provide a vital portal to all of Next Door Solutions' services or community resources. Hotline Advocates provide crisis counseling, risk and housing assessments, referrals and vital information to assist survivors of domestic violence in making decisions around their safety.

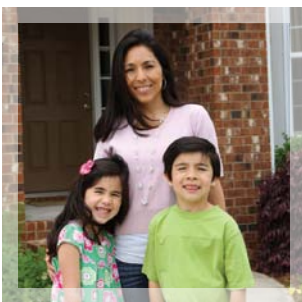
**14,828** HOTLINE AND COMMUNITY OFFICE CALLS ANSWERED.



## 24/7 CRISIS SHELTER

The confidential, safe Shelter provides ethnically and linguistically sensitive safety planning; holistic case management that helps clients address the myriad of physical and emotional impacts of domestic violence; risk and housing assessments; living necessities; meals; and a healing environment. *100% of responding Shelter surveyed clients stated that they were now aware of legal, economic and social resources in the community.*

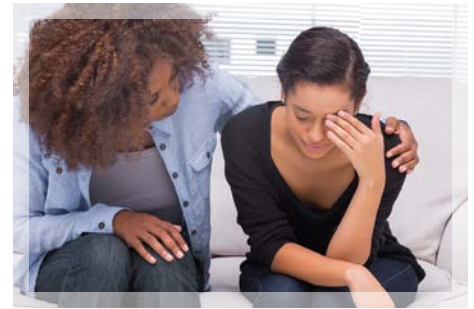
**4,056** BEDNIGHTS WERE PROVIDED AT OUR SHELTER AND HOTELS INCLUDING 6 PETS.



## HOUSING ASSISTANCE

Through a self-sufficiency case management model, immediate and long term housing needs are addressed. Advocates assist in decreasing or eliminating barriers to immediate and permanent housing in collaboration with survivors. *96% of our Housing First Program clients remain housed.*

**135** CLIENTS AND THEIR CHILDREN RECEIVED HOUSING ASSISTANCE.



## WALK-IN CRISIS COUNSELING

Advocates and clients work together to develop risk assessments and safety plans. Crisis and Community Support Advocates coordinate emergency services, provide options, counseling, and refer clients to other NDS programs and community partners to address housing, health, hunger, legal and other concerns. *92% indicated that they can identify at least one way to increase their and their children's safety.*

**1,882** CLIENTS MET WITH CRISIS ADVOCATES FOR 4,399 SESSIONS.



## THERAPY SERVICES

Therapy Services, provided by LMFTs, assists clients and their children in addressing trauma and other impacts due to exposure to domestic violence. Therapy services were provided virtually with *100% reporting what they learned from therapy led to positive changes in their lives.*

**98** CLIENTS RECEIVED 1,098 SESSIONS OF INDIVIDUAL, FAMILY, OR GROUP THERAPY.





## SELF-SUFFICIENCY PROGRAM (SSP)

This program provides self-sufficiency services which can include financial literacy workshops, individual peer counseling, mobile and in-house case management, and employment assistance. SSP was developed based on survivor-identified needs to address the life-generated risks (housing, employment, income, food, health, and wellness). **89% know more about community and/or social resources they may need.**

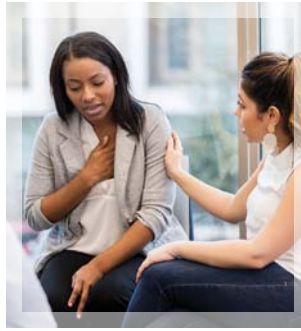
**317 CLIENTS ATTENDED 2,466 SESSIONS.**



## LEGAL ADVOCACY

Our Advocates provide bilingual help with restraining orders, family law and custody cases, referrals to attorneys, criminal justice advocacy, and follow-up services. NDS' legal advocacy works with community partners and contracted attorneys to support our clients who need further legal assistance, consultations and representation. **72% reported having a greater understanding of their legal rights, and the legal process.**

**1,329 CLIENTS RECEIVED LEGAL ADVOCACY FOR 3,682 SESSIONS.**



## SUPPORT GROUPS

NDS addresses the psychological and emotional needs of DV survivors through customized, peer support groups facilitated in person and virtually by trained facilitators, including groups in English and Spanish, a Men's Group, and an LGBTQIA+ Group that focuses on the Life-Generated Risks. **88% of clients attending support group can better manage stress when it occurs.**

**418 CLIENTS ATTENDED SUPPORT GROUPS THAT HAD 4,793 SESSIONS.**



## DV AND HEALTHCARE PARTNERSHIPS

This initiative builds awareness among healthcare providers around the importance of universal domestic violence education, shared best practices, and models. NDS manages partnerships with 8 medical service providers within the community providing training in improving their screening process for intimate partner violence.

**476 HEALTH PROVIDERS IMPROVED THEIR DV SCREENING PROCESS FROM ATTENDING 32 PRESENTATIONS.**



We provide solutions and options to support survivors and their families access safety, wellbeing, and freedom.

— NEXT DOOR SOLUTIONS

## OUR PROGRAMS ACHIEVEMENTS *continued*



### YOUTH PROGRAMS

As part of the youth initiative a series of workshops, two Youth in Action Conferences, youth education, and teen groups were made available as a prevention and intervention strategy. The Youth in Action Conferences were provided for youth 14-18 years of age that addressed healthy relationships, technology safety, and youth activism to build confidence rooted in equity and wellness.

**80** TEENS PARTICIPATED IN THE YOUTH IN ACTION CONFERENCE, WORKSHOPS, PRESENTATIONS AND GROUPS.



### COMMUNITY OUTREACH

Outreach is both a prevention and advocacy strategy. Providing awareness on the definition and impacts of domestic violence with individuals, groups, and systems is core to impacting social change. Outreach and presentations were made to community groups, schools, government agencies, faith communities, and grassroots community-led organizations with the goal of building community collaboration and allyship.

**74** PRESENTATION/OUTREACH EVENTS WERE PROVIDED TO OVER 2,753 INDIVIDUALS.



### EL COMITÉ DE MUJERES FUERTES

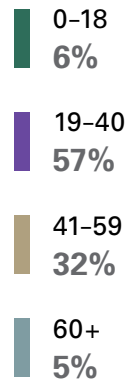
A survivor-led committee of Community Health Workers (Promotorx) that provides education, outreach, and training on the effects of domestic violence on individuals, families, and our community. As an advisory committee to Next Door Solutions and trusted community leaders, they are the bridge between service/health providers and the community.

**21** PRESENTATIONS WERE PROVIDED BY EL COMITÉ IN THE COMMUNITY.

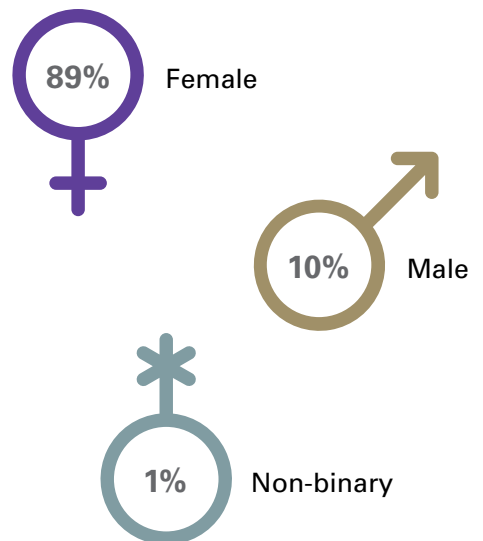
## OUR YEAR IN REVIEW:

### *Demographics Served*

#### AGES



#### GENDER



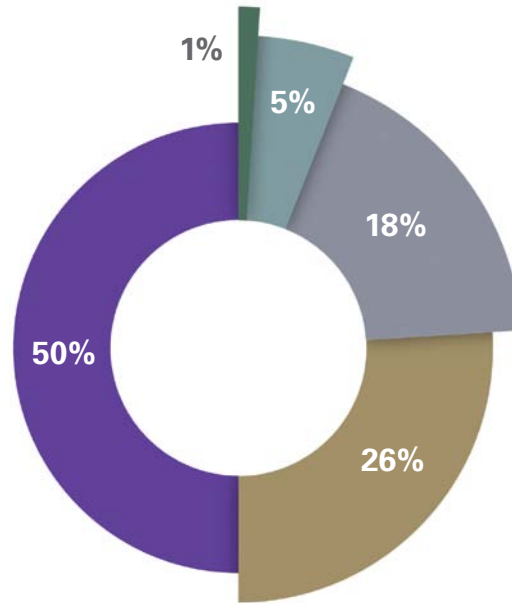
*Total Unduplicated Clients: 2,444*

# FY 2022-23

## Financial Statement

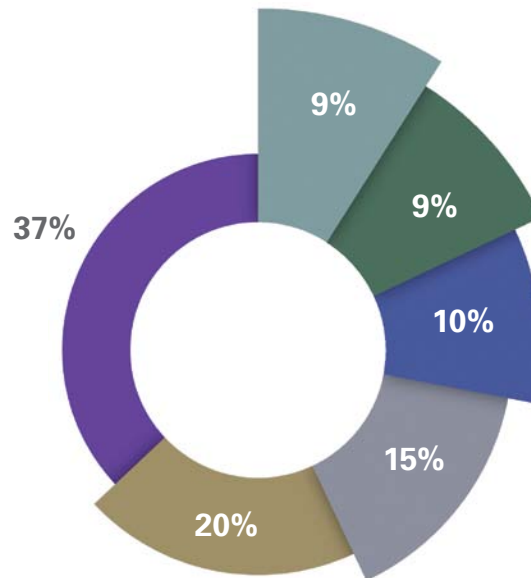
**INCOME: \$4,953,531**

- Government Grants
- Individual Donors
- Foundations/Corporations
- Other Support
- In-Kind Donations



**EXPENSES: \$5,005,610**

- Self-Sufficiency
- Community & Systems Advocacy
- 24-hour Emergency Services
- Administration
- Fund Development
- Community Partnership & Prevention



## BOARD OF DIRECTORS

Hillary Weingast,  
BOARD CHAIR

Shannon Power,  
SECRETARY

Michelle Puma,  
TREASURER

Dennis Coonan

Harmony Downs

Kriti Garg

Melissa Hollatz

Erika Muhl-Schwarz

James K. Murphy

Adaeze Nduaguba

Cris Paden

Michelle Pezanni

John Radford

Lisa Villarreal

## SUBSCRIBE TO OUR E-NEWSLETTER

Stay connected with Next Door Solutions and subscribe to our monthly newsletter!

Sign up by scanning the QR code:



# CLIENT SUCCESS STORY: JANE



Jane and her children fled from her abuser to seek help from Next Door Solutions'. Jane suffers from severe terminal health issues that grew worse as the abuse progressed. Her abuser constantly yelled at Jane whenever she did not fulfill her "appropriate duties" around the house. She recalls a time when she did not iron his shirt correctly and as a result the situation quickly escalated to physical abuse. The abuse was so damaging that she failed to cover all the bruises throughout her body, especially around her eyelids and arms. During a hospital visit, a nurse provided her with Next Door Solutions' hotline number after discovering that Jane was experiencing domestic violence.

She called the hotline and spoke with an advocate. Shortly after, Jane and her children were welcomed into our 24/7 shelter. At the shelter, she found a sense of community and spent much time in the kitchen because she loved to cook. Eventually with her advocate's guidance, she obtained a permit to sell homemade food for extra income. This was a moment of victory for Jane because she felt a sense of liberation—a feeling she had been longing for.

---

*With NDS' help, Jane broke the cycle of violence and slowly achieved a life of peace and stability.*

Additionally, Next Door Solutions' Self-sufficiency program educated her with financial literacy. Jane learned about budgeting and planned ahead for her children's needs. She also learned how to financially plan for her eldest child's college fund. Subsequently, she applied for the permanent housing program.

Upon her acceptance into the program, NDS' Housing First program provided financial assistance to Jane. She was supported with a security deposit and monthly rental assistance which helped with financial security. Jane stated that this was the first time that she and her children had their own space to rent. She was excited for this positive change.

We are proud to share that with NDS' help, Jane broke the cycle of violence and slowly achieved a life of peace and stability. She is now settled into her new home and looks forward to starting her own business.



**Next Door Solutions to Domestic Violence**  
234 E. Gish Road, Suite 200  
San Jose, CA 95112

 **24-HOUR HOTLINE: 408-279-2962**

 **408-501-7550**

 **nextdoorsolutions.org**

 **info@nextdoor.org**

 **/NextDoorSolutions**

 **@NDSolutions**

 **@next\_door\_solutions**

Confidentiality of Next Door Solutions clients has been preserved through the use of stock photography.  
Front Cover, Walk-in Crisis Counseling, Therapy Services, Client Success Story images ©Adobe Stock. Inside Front  
Cover image ©Dreamstime.com. 24/7 Emergency Hotline, Housing Assistance images ©Shutterstock. 24/7 Crisis  
Shelter, Self-Sufficiency Program, Legal Advocacy, Support Groups, Youth Programs, Community Outreach, El Comité  
de Mujeres Fuertes images ©iStockphoto. DV and Healthcare Partnerships images ©Pond5. Programs gender icons:  
©Waltenraser/NounProject.com. Tax ID #94-2420708.